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# **Build an Emergency Preparedness Kit**



## **NON-PERISHABLES & WATER**

Easy-to-prepare food that will not spoil quickly and does not require refrigeration. One gallon of purified or bottled drinking water per day, per family member.



## **CLOTHING & BEDDING**

An extra outfit, pair of shoes, sleeping bag and pillow for each family member.



### **MEDICAL SUPPLIES**

At least a 7-day supply of prescription or other necessary medications or supplements, such as allergy or vitamins. A fully-stocked first aid kit.



# **CHILDREN, ELDERLY & DISABLED**

Diapers, wipes, rash cream, children's medicine, formula, bottles, snacks and entertainment. Applicable aids such as canes, walkers and other needs.



### **PERSONAL HYGIENE**

Toothbrushes, toothpaste, soap, deodorant, shampoo, toilet paper, feminine products, and a hair brush or comb.



# **PET SUPPLIES**

Food, water, bowls, collar with tags, leash, carrier, litter, waste bags, prescriptions and vaccination records.



### **TOOLS**

Flashlights, battery-operated radio, extra batteries, tape, candle, matches, whistle, hammer, screwdriver, pliers, utility knife, work gloves, safety glasses and ear plugs.



### **MISCELLANEOUS**

Consider a backup battery, fire extinguisher, escape ladder, small currency cash, chargers, cooler, writing utensils, sewing kit, scissors, tweezers, hand sanitizer, water proof container, paper towels and garbage bags.



### **DOCUMENTATION**

Copies of personal, financial and medical documents, such as identification cards, insurance policies, bank records, medical information, property deeds and emergency contacts saved electronically or in a waterproof, portable container.



### **LEARN MORE**

More information can be found at ready.gov.

